



## EMPLOYEE HEALTH SCREENING

LUSA Holding, LLC  
2023 Wellness  
Screening Key: LUS02

Home Test Kit  
Physician Screening

*Register for your screening today!*

**Home Tests Include:** Total Cholesterol, HDL, LDL, Triglycerides, HbA1c  
Blood Pressure, Height, Weight, Waist Circumference and BMI.

**9 hour fast recommended. Black coffee and water permitted.**

### Know Your Numbers. Understand Your Health Risks. Take Control.

Register today for one of the following options to have your annual biometric health screening:

#### TO SCHEDULE YOUR HOME TEST KIT OR PHYSICIAN SCREENING:

- Go to <https://www.ehealthscreenings.com/signup>.
- To register, enter the Screening key: **LUS02** under the **NOT YET REGISTERED?** box, and click **Submit**. Enter your assigned default username and password in the following format:  
**USERNAME:** First Initial + Last Initial + DOB (MMDDYYYY) (example: John Smith born 4/23/1975 is **JS04231975**)  
**PASSWORD:** Last Name + Last 4 SSN (example: John Smith with social 123456789 is **Smith6789**)  
*\*Username and Password are case sensitive*
- Enter your shipping address, click **Continue**.
- Enter your blood pressure, waist circumference, height and weight ((all measures are required; please be prepared with your numbers when you register). Click **Continue**.
- Acknowledge the Health Screening Consent/HIPAA Authorization by checking the "I agree" box located at the bottom of the consent. Enter first & last name in the Signature section. Click **Continue**.

Instructional video to complete your Home Test Kit: <https://player.vimeo.com/video/207828598>

To schedule by phone or for assistance logging into the portal, please call  
Premise-EHS Customer Service at 888-708-8807, ext. 1, Mon - Fri 8:00am - 7:00pm EST

**REMEMBER:** Fasting for 9 hour is recommended, but not required. Please drink plenty of water. Continue to take any prescription medications. If you have a health condition that makes it difficult to fast, please consult your primary care provider before fasting.